

Instructions for Medical Patients Coming in for an In-Office Appointment

Due to COVID-19, we are taking extra safety measures for in-office appointments.

Please carefully read the instructions below prior to your visit:

General Rules:

- Please call to reschedule your appointment if you answer Yes to any of the following:
 - Have cold/flu like symptoms
 - Travelled outside of Canada in the last 14 days
 - Had close contact with a person with a confirmed/probable case of COVID-19
- Only 1 patient is allowed in the lobby at a time. Family and friends will need to wait in their cars or outside of the building.
- Only 1 parent may accompany their child to their appointment.
- For free parking while attending the clinic, please provide your license plate number at reception.

Patient Instructions:

- Please use the washroom before attending the clinic.
- Please wear a mask before you arrive at the clinic.
- Arrive on time for your appointment and bring an umbrella/jacket as you may be asked to wait outside.
- When you arrive, please read all the signs/notices posted on the doors of the clinic.
- If there is someone already waiting in the lobby, please wait outside at the Yellow Line. You may enter the lobby once it is free.
- When you are inside the lobby, stay behind the barrier and check-in with the front receptionist.
- If we are not ready for you to come in, you will be asked to wait outside along one of the Medical Lines. A staff will come outside to get you once we are ready.
- If a dental patient needs to be escorted into the lobby, please move to the blue bike racks marked by a Yellow X and located on your right side.
- Before you enter the clinic, sanitize your hands, put on your face mask, proceed to your assigned exam room.
- When leaving the exam room, keep an eye out for other staff/patients and maintain a 6 feet (2 meter) distance.
- **DO NOT EXIT** from the main entrance. The new exit door is in the waiting room.
- Please sanitize your hand on your way out.

Thank you for your patience and cooperation.
Mid Main Medical Team